

| <b>MAPA OFICIAIS DE REGATA 2021/2022</b> | <b>14-10-2021</b> |
|--|-------------------|
| <b>INTERNACIONAIS</b>                    |                   |
| João Manuel Ramos Allen                  |                   |
| José Cancellá d'Abreu                    |                   |
| Miguel Amaral                            |                   |
| <b>NORTE - GRAU 2</b>                    |                   |
|  | VALIDADE          |
| Alexandre Moura Maia                     | 31-dez-2024       |
| António Silva Vianez                     | 31-dez-2021       |
| Carlos Antunes Moreira                   | 31-dez-2021       |
| Diogo Mota Gameiro                       | 31-dez-2024       |
| Francisco Teixeira Bela                  | 31-dez-2021       |
| José Lopes Teixeira                      | 31-dez-2021       |
| Miguel Sousa Pinheiro                    | 31-dez-2021       |
| <b>CENTRO - GRAU 2</b>                   |                   |
|  | VALIDADE          |
| António Azevedo Coutinho                 | 31-dez-2024       |
| António Manuel Carioca                   | 31-dez-2021       |
| Bruno Parente Santos                     | 31-dez-2021       |
| Eurico Fernandes Teodoro                 | 31-dez-2021       |
| Fernando Amaral                          | 31-dez-2021       |
| Joana Cassiano                           | 31-dez-2021       |
| João Corrêa                              | 31-dez-2021       |
| Jorge André Isidro                       | 31-dez-2024       |
| Marçal Costa Cid                         | 31-dez-2021       |
| Maria Ramires                            | 31-dez-2021       |
| Sebastião Osório Castro                  | 31-dez-2021       |
| <b>SUL - GRAU 2</b>                      |                   |
|  | VALIDADE          |
| Ana Margarida Silva                      | 31-dez-2024       |
| Edgar Madeira Pádua                      | 31-dez-2021       |
| Gonçalo Duarte Silva                     | 31-dez-2021       |
| José Carlos Lopes                        | 31-dez-2021       |
| José Manero Rodrigues                    | 31-dez-2024       |
| Luis Raposo Veríssimo                    | 31-dez-2021       |
| Luiz Luz                                 | 31-dez-2024       |
| Manuel Simões Belchior                   | 31-dez-2024       |
| Pedro Rodrigues                          | 31-dez-2020       |
| Rui Carvalho Raimundo                    | 31-dez-2021       |
| Sérgio Sousa Cardoso                     | 31-dez-2023       |
| <b>MADEIRA - GRAU 2</b>                  |                   |
|  | VALIDADE          |
| Francisco Sousa Trigo                    | 31-dez-2024       |
| Hugo Leite Rosa                          | 31-dez-2021       |
| João Carlos Santos                       | 31-dez-2021       |
| José Homem Gouveia                       | 31-dez-2021       |
| Rosa Pestana Ornelas                     | 31-dez-2024       |
| Vitorino Gonçalves Gouveia               | 31-dez-2021       |
| <b>NORTE - GRAU 1</b>                    |                   |
|  | VALIDADE          |
| António Araújo Costa                     | 31-dez-2023       |
| António Martins Pereira                  | 31-dez-2021       |
| Gonçalo Costa                            | 31-dez-2024       |
| Hugo Laranja Pontes                      | 31-dez-2023       |
| Mário Pena                               | 31-dez-2024       |
| Matilde Pinheiro                         | 31-dez-2024       |
| Paulo André Bravo                        | 31-dez-2023       |
| <b>CENTRO - GRAU 1</b>                   |                   |
|  | VALIDADE          |
| Alberto Sousa Saraiva                    | 31-dez-2024       |
| António Caldeira Nunes                   | 31-dez-2024       |
| António Leal Faria                       | 31-dez-2024       |
| Cristina Domingos                        | 31-dez-2024       |
| Gonçalo Neves                            | 31-dez-2024       |
| Jaime Avellaneda Mimo                    | 31-dez-2024       |
| João Martins Santos                      | 31-dez-2024       |
| João Silva                               | 31-dez-2021       |
| Lopo Pizarro Melo                        | 31-dez-2024       |
| Luis Leal Faria                          | 31-dez-2021       |
| <b>SUL - GRAU 1</b>                      |                   |
|  | VALIDADE          |
| Ana Margarida Rodrigues                  | 31-dez-2024       |
| João Catarino                            | 31-dez-2024       |

|                               |                 |
|-------------------------------|-----------------|
| José Glória Alves             | 31-dez-2023     |
| José Neves Calvário           | 31-dez-2021     |
| Nuno Malheiro                 | 31-dez-2024     |
| Paulo Sousa                   | 31-dez-2024     |
| Rui Simões Belchior           | 31-dez-2024     |
| Virgílio Rocha Pires          | 31-dez-2021     |
| <b>AÇORES - GRAU 1</b>        | <b>VALIDADE</b> |
| Bruno Rodrigues Rosa          | 31-dez-2021     |
| Dárcio Marques Paiva          | 31-dez-2023     |
| Duarte Monteiro Silva         | 31-dez-2024     |
| Frederico Rocha Pereira       | 31-dez-2021     |
| João Medeiros                 | 31-dez-2024     |
| José Dias Mendonça            | 31-dez-2021     |
| José Freitas Barros           | 31-dez-2023     |
| Nuno Filipe Santos            | 31-dez-2021     |
| <b>MADEIRA - GRAU 1</b>       | <b>VALIDADE</b> |
| António Ornelas               | 31-dez-2024     |
| Duarte Teixeira Drumond       | 31-dez-2021     |
| Lurdes Ferreira               | 31-dez-2023     |
| Manuel Bazenga Jardim         | 31-dez-2021     |
| Marco Gamelas                 | 31-dez-2024     |
| Pedro Ideia Freitas           | 31-dez-2024     |
| <b>NORTE - ESTAGIÁRIOS</b>    | <b>VALIDADE</b> |
| Anabela Viana Silva Cruz      | 31-dez-2021     |
| André Sá Coutinho             | 31-dez-2023     |
| António Almeida               | 31-dez-2023     |
| Carlos Pelicano               | 31-dez-2023     |
| Catarina Gonçalves Pereira    | 31-dez-2021     |
| Duarte Nuno Silva Cruz        | 31-dez-2021     |
| Gonçalo Silva                 | 31-dez-2023     |
| João Toscano Carneiro         | 31-dez-2021     |
| João Vieira Neves             | 31-dez-2023     |
| Luis Costa Maia               | 31-dez-2021     |
| Manuel Caldas Antão           | 31-dez-2023     |
| Manuel José Lopes Cruz        | 31-dez-2023     |
| Manuel Vilarinho              | 31-dez-2023     |
| Pedro Cardoso                 | 31-dez-2023     |
| Ricardo Ferreira              | 31-dez-2023     |
| Ricardo Magalhães Ferreira    | 31-dez-2023     |
| Rui Duarte Pinho Guerra       | 31-dez-2023     |
| Stéphanie Mota                | 31-dez-2021     |
| <b>CENTRO - ESTAGIÁRIOS</b>   | <b>VALIDADE</b> |
| Afonso Jordão                 | 31-dez-2021     |
| Ana Cristina Domingos         | 31-dez-2021     |
| António Maria Faria           | 31-dez-2023     |
| David Grade                   | 31-dez-2023     |
| Elisário Nunes Carvalho       | 31-dez-2021     |
| Filipe Sobral Matos Reis      | 31-dez-2023     |
| Francisco Antunes Mourão      | 31-dez-2021     |
| Guilherme Lopes Cabral        | 31-dez-2023     |
| Inês Quintino                 | 31-dez-2021     |
| Jorge Manuel Martins Tavares  | 31-dez-2023     |
| José Conceição Saúde          | 31-dez-2023     |
| Luis Miguel Ferreira Oliveira | 31-dez-2021     |
| Marco Gonçalves Martins       | 31-dez-2023     |
| Miguel Rua Brito Subtil       | 31-dez-2023     |
| Nuno Correia                  | 31-dez-2023     |
| Nuno Silva                    | 31-dez-2023     |
| Pedro Costa Alemão            | 31-dez-2023     |
| Pedro Frazão                  | 31-dez-2023     |
| Ricardo Jorge Mendonça Vieira | 31-dez-2023     |
| Rita Gonçalves                | 31-dez-2023     |
| Rodrigo Carvalho Galrito      | 31-dez-2023     |
| Rosado Fernandes              | 31-dez-2023     |
| Tomás Mimo                    | 31-dez-2023     |
| <b>SUL - ESTAGIÁRIOS</b>      | <b>VALIDADE</b> |
| Daniel Silva Caetano          | 31-dez-2023     |
| David Sousa                   | 31-dez-2021     |

|                         |             |
|-------------------------|-------------|
| Diogo Malheiro          | 31-dez-2023 |
| Francisco Melo          | 31-dez-2021 |
| Gonçalo Guerreiro       | 31-dez-2023 |
| Gonçalo Neto Mestre     | 31-dez-2021 |
| João Palma Teixeira     | 31-dez-2021 |
| João Paulo Marta        | 31-dez-2023 |
| José Baptista Massapina | 31-dez-2023 |
| Maria Massapina         | 31-dez-2023 |
| Nuno Domingues Branco   | 31-dez-2021 |
| Nuno Peres Santos       | 31-dez-2021 |
| Pedro Godinho           | 31-dez-2023 |
| Pedro Lagos Roque       | 31-dez-2021 |
| Ricardo Lopes Santos    | 31-dez-2021 |

**AÇORES - ESTAGIÁRIOS**

**VALIDADE**

|                         |             |
|-------------------------|-------------|
| André Azad              | 31-dez-2023 |
| André Silva Tavares     | 31-dez-2023 |
| António Pinto João      | 31-dez-2021 |
| António Santos Oliveira | 31-dez-2023 |
| Edmar Duarte Delgado    | 31-dez-2021 |
| João Melo               | 31-dez-2023 |
| João Pimentel Peixoto   | 31-dez-2023 |
| Joaquim Silva Viegas    | 31-dez-2023 |
| José Ferreira Coelho    | 31-dez-2021 |
| José Martins Pimentel   | 31-dez-2023 |
| Marco Silva Medeiros    | 31-dez-2021 |
| Marco Sousa Figueiredo  | 31-dez-2021 |
| Miguel Pamplona Simões  | 31-dez-2023 |
| Pedro Nunes Garcia      | 31-dez-2021 |
| Susana Serpa Garcia     | 31-dez-2021 |

**MADEIRA - ESTAGIÁRIOS**

**VALIDADE**

|                            |             |
|----------------------------|-------------|
| António Portugal Freitas   | 31-dez-2023 |
| Carolina Gomes Matos       | 31-dez-2021 |
| Fátima Mendes Gomes        | 31-dez-2021 |
| Hernâni Rodrigues Teixeira | 31-dez-2021 |
| José Adelino Ferreira      | 31-dez-2021 |
| Pedro Marques              | 31-dez-2023 |
| Pedro Silva Ornelas        | 31-dez-2023 |